



Joe Dupaquier and Scott Shook Present:
A 2023 United States Karate Alliance Maximum Sanctioned Event



FORMS POINT SPARRING WEAPONS FOAM SWORD SPARRING

KATA KUMITE KOBUDO CHANBARA

Saturday, March 11th

Pelican Park (White Gym)

63350 Pelican Drive Mandeville, LA 70448

From I-12 take exit 65 (Hwy 59) south to Hwy 190, then east for 2 1/4 miles to Pelican Park

Beautiful Awards for 1st, 2nd, 3rd and 4th

Schedule: All times are approximate

- 8:30 am: Chanbara Seminar and Rules for anyone (**FREE**)
- 9:00 am: 7 and under Forms, Sparring
- 9:15 am: 10-13 Chanbara
- 9:30 am: 9 and under Weapons then 8-9 Forms, Sparring
- 10:30 am: Chanbara Seminar and Rules for anyone (**FREE**)
- 11:00 am: 10-11 Weapons then 10-11 Forms, Sparring
- 11:15 am: 14 and up Chanbara
- Noon: 9 and under Chanbara
- Noon: Black Belt Adult Weapons, Forms, Sparring
- 1:45 pm: 16-17 Forms, Sparring
- 2:15 pm: 12-13 Weapons then 12-13 Forms, Sparring
- 3:00 pm: 14-17 Weapons then 14-15 & Forms and Sparring
- 3:15 pm: Adult Kyu Weapons, Forms and Sparring

2022 - 2023 USKA Tournament Schedule (so far)

<i>Tournament</i>	<i>Date</i>	<i>Promoter</i>	<i>Location</i>	<i>Sanction</i>
SOUTHCENTRAL REGIONAL CHAMPIONSHIPS (ONLY Regionals in eastern US)	February 4	Buster Cotten	Ruston, LA	Triple Points
California State Championships	February 19	Guy Holtzman	Palm Springs, CA	Double Points
Heart of a Hero Championships	March 11	Dupaquier/Shook	Mandeville, LA	Max
2023 NATIONAL CHAMPIONSHIPS	April 1-2	USKA HEADQUARTERS	Albuquerque, NM	QUAD POINTS
Duel on D'Arbonne	April 29	Rodney McPherson	Farmerville, LA	Max
Spring Smash	May 6	Donnie Michael	Kokomo, IN	Max
New Mexico State Championships	May 6	Mark and Anna Gorman	Albuquerque, NM	Double Points
END OF 2022-2023 Point Season				
USKA WORLD CHAMPIONSHIPS	JULY 20-23	USKA HEADQUARTERS	PHOENIX, AZ	QUAD POINTS
More 2023 dates coming soon				

View more events and the current National and State Rankings at www.uskaratealliance.com

Heart of a Hero Championships, Saturday, March 11th, 2023

A Traditional Martial Arts Tournament Open to All Styles

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Sparring Rules:

USKA Rules, 5 point matches, mandatory foam head gear, foam hand gear, foam footgear, and mouthpiece (males must wear a groin cup)

ENTRY FEE:

\$55 for Forms and/or Sparring, \$7 extra for Weapons, \$7 extra for Chanbara
 \$25 for Chanbara if the only event

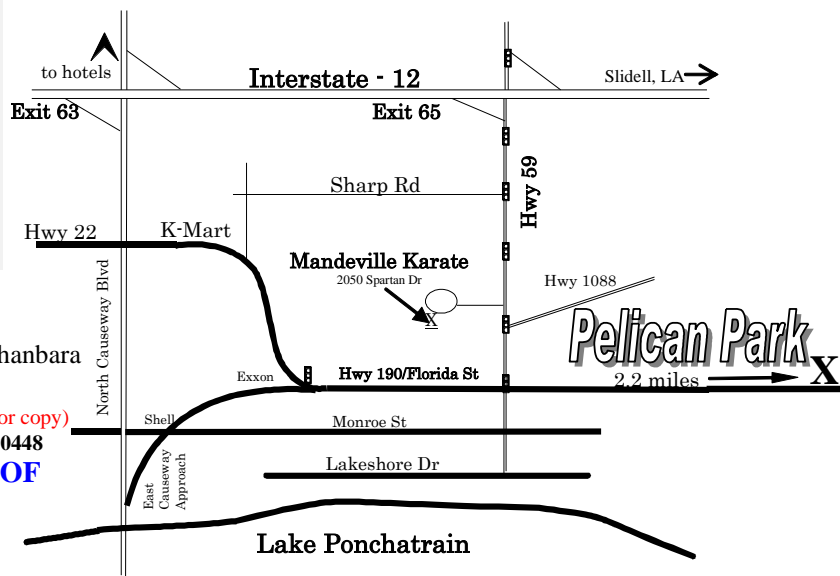
* \$5 discount with current U.S. Karate Alliance membership card (must present card or copy)

Pre-Registered Checks to: Joe Dupaquier, 2050 Spartan Drive, Mandeville, LA 70448

NO CHECKS DAY OF EVENT – CASH ONLY ON DAY OF

SPECTATORS:

\$3 for adults, \$1 for students, 5 and under FREE



Men's Sparring Divisions:

Black Belt (split by weight or age if 8 competitors)	Black Belt (split if 8 competitors)
Intermediate Belt (blue – brown, split if 8)	Intermediate Belt (blue – brown)
White / Yellow / Orange Belt (split if 8)	White / Yellow / Orange Belt
16-17 Intermediate/Advanced	16-17 Beginning
16-17 Beginning	14-15 Intermediate/Advanced
14-15 Intermediate/Advanced	14-15 Beginning
14-15 Beginning	12-13 Advanced
12-13 Advanced	12-13 Intermediate
12-13 Intermediate	12-13 Beginning
12-13 Beginning	10-11 Advanced
10-11 Advanced	10-11 Intermediate
10-11 Intermediate	10-11 Beginning
10-11 Beginning	8-9 Advanced
8-9 Advanced	8-9 Intermediate
8-9 Intermediate	8-9 Beginning
8-9 Beginning	10-11 Intermediate

Men's Forms Divisions:

Black Belt (split if 8 competitors)	Black Belt (split if 8 competitors)
Intermediate Belt (blue – brown)	Intermediate Belt (blue – brown)
White / Yellow / Orange Belt	White / Yellow / Orange Belt
16-17 Intermediate/Advanced	16-17 Intermediate/Advanced
16-17 Beginning	16-17 Beginning
14-15 Intermediate/Advanced	14-15 Intermediate/Advanced
14-15 Beginning	14-15 Beginning
12-13 Advanced	12-13 Advanced
12-13 Intermediate	12-13 Intermediate
12-13 Beginning	12-13 Beginning
10-11 Advanced	10-11 Advanced
10-11 Intermediate	10-11 Intermediate
10-11 Beginning	10-11 Beginning
8-9 Advanced	8-9 Advanced
8-9 Intermediate	8-9 Intermediate
8-9 Beginning	8-9 Beginning

Women's Sparring Divisions:

Black Belt (split if 8 competitors)	Black Belt (split if 8 competitors)
Intermediate Belt (blue – brown)	Intermediate Belt (blue – brown)
White / Yellow / Orange Belt	White / Yellow / Orange Belt
16-17 Intermediate/Advanced	16-17 Intermediate/Advanced
16-17 Beginning	16-17 Beginning
14-15 Intermediate/Advanced	14-15 Intermediate/Advanced
14-15 Beginning	14-15 Beginning
12-13 Intermediate/Advanced	12-13 Intermediate/Advanced
12-13 Beginning	12-13 Beginning
10-11 Intermediate/Advanced	10-11 Intermediate/Advanced
10-11 Beginning	10-11 Beginning
8-9 Intermediate/Advanced	8-9 Intermediate/Advanced
8-9 Beginning	8-9 Beginning

Mixed M/F Sparring Divisions:

6-7 Intermediate/Advanced	6-7 Intermediate/Advanced
6-7 Beginning	6-7 Beginning
5 & Under	5 & Under

Women's Forms Divisions:

Black Belt (split if 8 competitors)	Black Belt (split if 8 competitors)
Intermediate Belt (blue – brown)	Intermediate Belt (blue – brown)
White / Yellow / Orange Belt	White / Yellow / Orange Belt
16-17 Intermediate/Advanced	16-17 Intermediate/Advanced
16-17 Beginning	16-17 Beginning
14-15 Intermediate/Advanced	14-15 Intermediate/Advanced
14-15 Beginning	14-15 Beginning
12-13 Intermediate/Advanced	12-13 Intermediate/Advanced
12-13 Beginning	12-13 Beginning
10-11 Intermediate/Advanced	10-11 Intermediate/Advanced
10-11 Beginning	10-11 Beginning
8-9 Intermediate/Advanced	8-9 Intermediate/Advanced
8-9 Beginning	8-9 Beginning

Weapons Divisions:

Black Belt Men Weapons (split if 8 competitors)	Black Belt Men Weapons (split if 8 competitors)
Black Belt Women Weapons (split if 8 competitors)	Black Belt Women Weapons (split if 8 competitors)
Kyu Weapons (18 +, brown and below)	Kyu Weapons (18 +, brown and below)
14-17 Weapons	14-17 Weapons
12-13 Weapons	12-13 Weapons
10-11 Weapons	10-11 Weapons
9 & under Weapons	9 & under Weapons

FOR MORE INFORMATION:

Joe Dupaquier, 985-626-7608
uskaratealliance@gmail.com



↔↔↔↔↔ Division subdividing will be done by USKA standards

